

PASTRIES

CROISSANT \$6	BAGEL \$6	COOKIES \$4	CARROT CAKE MUFFIN (GF) \$6
ALMOND CROISSANT \$7	SCONE \$6	CINNAMON ROLL \$8	VEGAN BLUEBERRY MUFFIN \$6
CHOCOLATE CROISSANT \$7	ENERGY BAR \$5	BANANA BREAD \$6	FRENCH TOAST MUFFIN \$6
		BROWNIE (GF) \$6	

BREAKFAST

AVOCADO TOAST \$15
Housemade Sourdough, Keauhou avocado, kalamata olives, feta cheese

CROISSANT SANDWICH \$12
Ham, Swiss & egg

BREAKFAST BURRITO ✕ \$14
Flour tortilla, scrambled eggs, cheddar cheese
Portuguese sausage, tomato & onions

FRESH FRUIT
Melons \$10 | Berries \$12
1/2 Papaya \$6



BAGEL SANDWICH ✕ \$14
Scrambled eggs, cheddar cheese & bacon on a toasted plain bagel

BAGEL & SMOKED SALMON ✕ \$22
Cream cheese, capers, onions, plain bagel

BREAKFAST PANINI ✕ \$14
Sausage, scrambled eggs & cheese on an English Muffin

EGG WHITE WRAP (V) ✕ \$12
Whole-wheat tortilla, egg whites, cheddar, spinach, roasted red peppers

QUICHE ✕ \$8
Choice of **Spinach, Onion, Mushroom (V)** or **3 Cheese & Ham**

CUPS & BOWLS

COCONUT CHIA PUDDING (VGN, GF) \$10 Choice of: Blueberries, Strawberries or Banana	THE CLASSIC ACAI BOWL (VGN, GF) \$17 Acai sorbet, strawberries, banana blueberries, topped with house-made granola, coconut & agave
OVERNIGHT OATS W/FRUIT (VGN) \$10 Rolled oats, flax seed chia & almond milk	PB&J ACAI BOWL (V, GF) \$17 Acai sorbet & peanut butter topped with house-made granola, banana, honey & chia seeds
YOGURT PARFAIT (V, GF) \$10 Layers of yogurt, fruit, and granola topped with your choice of Honey or Agave	POWER COCO ACAI BOWL (V, GF) \$17 Acai sorbet blended with coconut water, spirulina & protein powder topped with house-made granola, banana, coconut flakes & chia seeds

LUNCH

All sandwiches & wraps are served with a **PICKLE WEDGE** & bag of **CHIPS**

SANDWICHES

TUNA MELT \$17
Tuna, celery, apple, mayo, with provolone cheese on 12 grain

ROASTED TURKEY HOAGIE \$17
Roasted turkey, lettuce, tomato, shaved red onion, mayo, red wine vinaigrette pepperoncini & provolone

ROAST BEEF SANDWICH \$18
Roast beef, Muenster cheese, lettuce, tomato, Pommery mustard, Telera roll

EGG SALAD ✕ \$14
Egg salad (V) with lettuce on whole wheat

GRILLED CHEESE SANDWICH (V) \$12
Swiss, cheddar, Muenster on sourdough

PESTO CHICKEN PANINI \$18
Roasted chicken, tomato & basil, buffalo mozzarella on Ciabatta

WRAPS

CHICKEN CAESAR ✕ \$15
Baby romaine lettuce, chicken & Parmesan cheese with Caesar Cardini dressing

CHICKEN CURRY \$15
Mixed greens, yellow curried chicken & papaya

TURKEY CLUB ROLL UP \$16
Roast turkey, Applewood smoked bacon, lettuce, tomato, avocado, chipotle aioli

CHALLAH DOG \$12
Eisenberg Kosher beef, challah braid

SALADS

ASIAN CHOP ✕ \$20
Mixed greens, cabbage, grilled chicken & crispy wontons with a creamy soy dressing

CAESAR (GF) ✕ \$20
Grilled lemon chicken crisp baby romaine, Parmesan cheese with Caesar dressing

SOUTHWEST COBB (GF) \$22
Blackened chicken breast, romaine black beans, corn, grape tomato, green beans, avocado, pepper jack cheese, red pepper ranch dressing

TOFU SALAD (GF) \$10
Firm tofu, mixed greens, cucumber, grape tomato, green onions, kimchi sauce, sesame seeds

GREEN TEA NOODLE SALAD (V) \$18
Green tea noodles, mixed greens, cabbage, carrots, green beans, grape tomato, cucumber, jalapeño, peanuts with a soy vinaigrette

✕ Item is travel friendly (VGN) Vegan (V) Vegetarian (GF) Gluten Free